



THE ZEN LIFE CENTER

Join Master Hoehn in a Martial Arts class that will promote self-awareness, fitness, confidence, Korean language, and discipline.

Classes will be held every Tuesday and Wednesday directly after school, in TMA's gymnasium.

Cost is \$80/month for weekly classes starting Sept 4th and 5th.

FREE TRIAL classes available on Aug. 28 & 29
Call (407) 657-1212 or (407) 695-7555 to set up trial class or for more info.



WWW.THEZENLIFECENTER.COM